

NARU GLUTEN FREE

When ordering, please alert your server to the severity of your gluten intolerance so we can best accommodate to your needs.

Rolls served with gluten -free soysauce.

Appetizer

Edamame 7

Boiled soy beans lightly sprinkled with salt

Seaweed Salad 8.5

Fresh seaweed, sesame, and red pepper.

Marinated in sesame oil dressing



▲ Seaweed Salad

Rolls

GF Rainbow Roll 17

Avocado, real crab meat, and tobiko covered with assorted sashimi

GF Ginger Roll 12

Pickled ginger, cucumber, cream cheese, and real crab

GF Tiger Roll 12

Boiled shrimp, avocado, cucumber, and sesame seeds

GF Ebi Kyu Maki 8

Cooked shrimp and cucumber

GF Delux California Roll 12

Avocado, real crab meat, and tobiko

GF Naru House Maki 4pcs - 14 / 8 pcs - 21

Salmon, tuna, scallops, real crab meat, bbq salmon skin, tobiko, and green leaf lettuce

GF Butterfly Roll 14

Salmon, tuna, surf clam, tobiko, chili sauce, and green leaf lettuce

Garden Salad Roll 8

Green pepper, carrot, red cabbage, cucumber, and green leaf



▲ Keto Maki

Keto Maki 18

Fresh salmon, maguro, red tuna, boiled shrimp, cucumber, avocado, and cream cheese

Avocado Maki 5

Simply avocado

Avocado Kappa Roll 7.5

Avocado, cucumber, and sesame seeds

Avo-sake Roll 10

Simply fresh raw salmon and avocado

Avo-tuna Roll 10

Simply fresh raw tuna and avocado

Bagel Roll Regular - 11 Spicy - 12

Smoked salmon, cucumber, cream cheese, and sesame seeds

Kappa Maki 4

Cucumber, sesame seeds

Kappa Cheese Roll - 6.5 / Spicy - 7

Cucumber, sesame seeds

Cheese Maki 5

Simply Philadelphia cream cheese

Philadelphia Roll Regular - 10 Spicy - 11

Salmon, cucumber, cream cheese, and sesame seeds

Salmon Maki Regular - 8 Spicy - 9

Simply salmon

Tuna Maki Regular - 8 Spicy - 9

Simply tuna

Negi Toro Maki 9

Fatty tuna and green onion